

SECONDARY SCHOOLS PROGRAMMES

SURFING

ECOLOGY

TEAM BUILDING

SCHOOL VISITS



Oceanics
SURF SCHOOL
& Marine Educational Centre





Linda Tuohy, founder of Oceanics Surf School

Dear Teachers

We have many programmes on offer this year, each compiled from years of experience and with fun, education and safety in mind.

Oceanics is established over 13 years, with an impeccable safety record, We introduce & teach over 5,000 students a year to the Sea and Marine Environment. We are Ireland's original Surf School and have pioneered Surfing & Marine Educational programmes for Secondary and Primary Schools since 1999. **We are the best in the business!**

Our programmes are fun, educational and rewarding, encouraging the participants not only to partake in each activity but to enjoy learning in an "outdoor" classroom setting.

The Student will:

- Develop an interest in the sport of Surfing & Marine Environment
- Build confidence
- Be guided by qualified, experienced instructors & staff
- Enjoy a memorable class bonding experience
- Enjoy healthy outdoor learning activities

Kind regards,

Linda and the Oceanics team



Comments by Students & Teachers

Super fantastic, absolutely mad. Thanks! xxx

Brilliant day had by all, thanks for the fun and facts!

my best day EVER!!

Thank you Oceanics for the best day.

*"2nd year here. Great day, equally as exciting as the 1st. Great tutors, thanks a mill!"
St. Fiacc's Swimming Club Carlow*

I'm not very good at sports - but I loved the surfing!

Great fun! Thanks for the hot shower after the sea!

*"We love this place"
Foroige, Waterford*

Would come here again any time!!!

*Third year in a Row!!! 😊
New York U16 + U18 Ladies
Gaelic Football Team U.S.A.*

Year in year out I return to Oceanics with my **TY group**. The **professionalism** combined with the **fun** make the **Certificate Surfing** one of the most **anticipated activities** of the TY Group. Fantastic day for all concerned.

Scoil Ruain, Killanaule.

Five years on and our students still consider their two annual trips to Oceanics Surf School as **THE highlight** of their transition year. Care and interest in our students has always been second to none

Ard Scoil na nDeise, Dungarvan

We've been so happy with the **care and attention** you give our groups. Thanks for everything

Ferrybank Foroige, Waterford

I can sit back watch them having great fun, being **supervised** and **instructed excellently**.

I highly recommend the team at Oceanics for their **huge talent** but particularly their **child-friendly approach and manner**.

Smiles all round!

Miss A. Murphy, Bree NS, Wexford



OCEANICS MARINE EDUCATIONAL PROGRAMMES



SURFING LESSON

Concentrating on surfing while building confidence in waves through fun and instruction. Includes water & Sea Safety Instruction (compiled by Paul Tuohy RNLI Helmsman and Education Officer), Wave Forecasting, Surf Etiquette & Surf Lingo. Instruction is carried out in waist depth water.

Fully Qualified and trained Instructors interact with your students at all times. All equipment supplied. A Surfing Certificate may be obtained by completing one full day or four 1/2 day surfing programmes



ENVIRONMENTAL & ECOLOGY COASTAL WALKS/HIKES

Our experienced field ecologists are local and know the areas studied intimately. We are committed to ensuring that the impact on the unique habitats of Tramore Bay is kept to a minimum. Our hikes were Compiled by Eanna Ni Lamhna in 1999 for Oceanics and further developed by our Field Ecologist Grace O'Sullivan and Environmental Interpreter Alan Walsh.

Our Environmental & Eco hikes whether experienced on a half, full day or over a four season programme, offer a unique learning opportunity to explore the sand dune and salt marsh habitats contained within this EU coastal reserve.

The rock pool exportation is again an opportunity to learn about the varied sea animal and plant life habitats that can only be viewed on the rocky seashore. Within these programmes we can facilitate curriculum based studies for the Junior and Leaving Certificate in Sciences and Geography.



TEAM BUILDING & CHALLENGES

Our challenges are designed to educate, promote teamwork and stimulate healthy competition. Our Cryptic Challenge is a blend of street orienteering and treasure hunt with a twist. While our Team Building programmes are creative challenges and games with a set number of Aims and Benefits

- Aims** - to involve as many people as possible
 - to provide everyone with a challenge
 - to encourage teamwork and co-operation
 - to have fun

- Benefits** - relaxation
 - develop co-ordination, skills, dexterity
 - promote physical fitness
 - provide good opportunities for success & teamwork



SCHOOL VISITS

Lectures - Paul Tuohy, one of the owners of Oceanics is available to do Sea Safety Lectures in the classroom or large hall settings. Within his 40min lectures he imparts knowledge of Sea Safety & Rescue stories/experiences that he has gained through over 25yrs of service as Helmsman in the RNLI and as many years involved in and teaching surfing. His lectures are both entertaining and informative and are requested by many schools each year. Fee charged.

This visit can also be combined with a lecture on the "The Seashore in your Classroom" allowing students the opportunity to handle and explore the flora and fauna of the these habitats in an indoor classroom setting. Fee charged.



PRICING

These prices are based on group sizes of 10 to 25.

Larger size group discounts available

Choose €40 p/p

Full day (5hrs) Surfing Certificate Course.
(or broken down to 4 half day sessions - €80 p/p)

Choose €35 p/p

Full Day (5hrs) Lesson with Water Safety
Plus one of the following:
Eco Hike
Rock pool Exploration
Team Building Games
Cryptic Team Challenge

Choose €25 euro p/p

Half Day (2.5hrs)
Surfing Lesson

Choose €15 euro p/p

Eco Hike (2.3hrs)
Rock pool Exploration (2.5hrs)
Team Building Games (2hrs)
Cryptic Team Challenge (2hrs)

Curriculum studies from €20

School Visits

€150 per visit
or €5 p/p for small groups up to 30 people.

Overnight Stays

€20pp Oceanics Special Rate, Grand Hotel Tramore
add €5 p/p for continental breakfast or €10 for full Irish.



Overnight Stays

Accommodation packages are available with **The Grand Hotel in Tramore**. They will provide either accommodation only rate or B&B. Packed lunch and evening meal options available for all group sizes if required. Within the hotel evening entertainment consists of separate facilities for the group to watch **TV/DVD, Wii and PlayStation 2**. The ballroom of the hotel is available to groups for **Karaoke, Fancy Dress or Disco** evenings. Oceanics can also offer evening or workshops within the Hotel or other establishments within the Town. (Ask for details)

If your group would like to avail of other activities within the area i.e **Cycling, Horse riding, Sea Kayaking, Indoor Pool, Gym, Laserblast, Pitch & Putt, Rock Jumping/Deep water Swimming etc** - or visit the Historical City of Waterford - Ireland's oldest city, just 10k away - just ask for details when booking. We would be happy to assist in adding additional activities to your overnight stays and daytime programme options.



BOOKING

For More Information & Booking
Contact Linda or Paul **051 390944**



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